

Breakfast Schedule - AHS Boys Swimming '09-'10

Set up & serve on Pool Deck at 6:50 AM

Dates Sign Name & phone number/email

Thur. Dec. 3rd

1. Beth Kutchen Coordinator
2. Lynda Orman 290-1089
3. Maria Tingides 292-6873

Sat. Dec 5th

1. Pam Hagen 450-5085 Coordinator
2. Virginia McCallum 290-1221
3. _Julie Lelonek 460-2523

Thur. Dec 10th

1. Brenda Andersen 663-9575 Coordinator
2. Lara Hall Grimsdottir 291-1799
3. _____

Sat. Jan. 2nd

1. Ann Espeset Coordinator
2. Clarissa Van Allen
3. Nancy Marion

Thur Jan 14th

1. Cindy Baughman/Pam Hagen Coordinator
2. Cindy Stark
3. Maureen Burke 290-0631

Thur. Jan. 21st

1. _Ricky Thompson_ 233-5674 Coordinator
2. Lara Hall Grimsdotter 291-1799
3. Dina Hamouche 292-1057

Sat. Jan. 23rd

1. Mark and Peggy Chidister 233-2328 Coordinator
2. Charli Hanway 292-4922
3. Judy Kemp 268-8030

Team Breakfast Meals

- For Approx 60-65 Swimmers & 2 Coaches
- Served on Pool Deck at 6:50 am after morning practice.
- Volunteers are usually done and cleaned up by 7:30.
- Coordinator will decide what to serve and contact volunteers.
- Need to provide plates, cups, napkins, etc... per meal needs.

Suggestions: Egg Casseroles (4-9x13 pans)
Bagels & Cr Cheese and/or Peanut Butter (4 doz)
Cinnamon Rolls (4 doz)
Fruit – Bananas, apples, grapes, orange slices...
Yogurt/Go-Gurt
Drinks- Milk, Choc Milk, Juice (5 gallons total)