

## NOVEMBER

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4	5
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WK 1	6	7  NO AM  3:15-5:15 PM SWIMMING	8  5:45-7:15 AM (Varsity only)  3:15-5:15 PM SWIMMING	9  3:15-5:15 PM SWIMMING	10  5:45-7:15 AM (Varsity only)  3:15-5:15 PM SWIMMING	11  NO SCHOOL 8:30-10:30 AM	12  8:00 - 10:00 AM SWIMMING
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WK 2	13	14  5:45-7:15 AM (Varsity only)  3:15-5:15 PM SWIMMING	15  5:45-7:15 AM (Varsity only)  3:15-5:15 PM SWIMMING	16  3:15-5:15 PM SWIMMING	17  5:45-7:15 AM (Varsity only)  3:15 - 5:15 TIME TRIAL WINTER KICK OFF	18  5:45-7:15 AM (Varsity only)  3:15-5:15 PM SWIMMING	19  8:00 - 10:00 AM SWIMMING
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WK 3	20	21  5:45-7:15 AM (Varsity only)  3:15-5:15 PM SWIMMING	22  5:45-7:15 AM (Varsity only)  Ames @ Ft. Dodge 6:00 PM	23  PM Practice will follow school.	24  No Practice Thanksgiving	25  8:00 - 11:00 AM	26  9:00-10:00 AM SWIMMING
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WK 4	27	28  5:45-7:15 AM (Varsity only)  3:15-5:15 PM SWIMMING	29  5:45-7:15 AM (Varsity only)  Mason City @ Ames 5:00 PM	30  3:15-5:15 PM SWIMMING	Dec. 1  5:45-7:15 AM (Varsity only)  Roosevelt @ Ames 5:00 PM	Dec. 2  5:45-7:15 AM (Varsity only)  3:15-5:15 PM SWIMMING	Dec. 3  Mike Wittmer Invitational 11:00 AM