

Ames v Boone v Grinnell - 9/1/2009

Results

Event 1 Women 200 Yard Medley Relay

School: 1:52.47 2006 Koch, Ranney, Geiger,

Pool: 1:53.83 2006 Koch, Ranney, Geiger,

Team	Relay	Finals Time
1 AMES	A	1:53.97
1) Bro, Maddie 10	2) Zuerner, Chrisann 11	
3) Rosser, Lauren 10	4) Flummerfelt, Taylor 9	
27.62 33.62	28.14 24.59	
2 AMES	B	2:03.67
1) Farrell, Meredith 9	2) Rewoldt, Abby 11	
3) Quant, Charlotte 11	4) Bonett, Lauren 12	
33.73 34.82	29.04 26.08	
3 BOONE	A	2:13.62
1) Breitbarth, Amber	2) Hansen, Jillian	
3) Dearden, Jessica	4) Trudeau, Charissa	
31.36 41.33	30.35 30.58	
4 BOONE	B	2:27.61
1) Wailles, Heather	2) Curvin, Abra	
3) Lee, Aledandria	4) Thiel, Olivia	
38.56 41.40	37.01 30.64	
5 GRINN	B	2:27.90
1) Mertens, Jane	2) Jones, Miranda	
3) Reynolds, Caitlyn	4) Tish, Jodi	
37.94 40.85	38.25 30.86	
--- AMES	C	X2:11.55
1) Pitcher, Adriana 11	2) Messingham, Taylor 9	
3) Tsai, Michelle 11	4) Dougherty, Shannon 11	
35.47 35.23	31.96 28.89	
--- AMES	D	X2:13.87
1) Vollbrecht, Hanna 11	2) Tringides, Christina 11	
3) Andersen, Maddie 11	4) Grant, Lauren 11	
35.47 37.38	32.79 28.23	
--- AMES	E	X2:18.24
1) Brewer, Gabby 9	2) Glenn, Breeana 10	
3) Gilligan, Erin 10	4) Tuggle, Hannah 12	
38.53 37.42	33.88 28.41	
--- AMES	F	X2:24.25
1) Benson, Nora 9	2) Walker, Jessica 10	
3) Fitzgerald, Cori 12	4) Shanks, Lindsey 11	
40.28 40.11	33.96 29.90	
--- GRINN	C	X2:45.16
1) McCall, Karly	2) Robbins, Kristin	
3) Patterson, Stephanie	4) VanRoekel, Maggie	
38.78 44.73	45.50 36.15	
--- GRINN	D	X2:54.57
1) Mikel, Ashley	2) Olivier, Jessi	
3) Jolly, Julie	4) Silva, Anya	
47.60 51.41	41.83 33.73	
--- GRINN	A	DQ
1) Hall, Kayla	2) Rudolph, Kaylee	
3) Francis, Claire	4) O'Halloran, Kaylee	
35.21 42.37	33.62 30.54	

Event 2 Women 200 Yard Freestyle

School: 1:56.24 2005 Stephanie Koch

Pool: 1:56.19 1989 Frankie Hanson

Name	Yr School	Finals Time
1 Shriver, Rachel	10 AMES	2:06.39
28.59 31.47	33.16 33.17	
2 Bonestroo, Hannah	9 AMES	2:07.43
27.92 32.21	34.20 33.10	
3 Downard, Emily	12 AMES	2:14.90
30.52 33.79	35.27 35.32	
4 Kriegel, Emily	GRINN	2:32.03
33.95 37.95	39.98 40.15	
5 O'Neal, Lisa	BOONE	2:41.73
35.79 42.02	43.66 40.26	
6 Francis, Sarah	GRINN	2:41.85
36.19 42.32	42.02 41.32	
7 Trudeau, Charissa	BOONE	2:43.48
34.85 41.44	43.57 43.62	
8 Robbins, Kristin	GRINN	2:52.09
36.77 45.28	46.61 43.43	
9 Curvin, Abra	BOONE	3:01.45
36.87 2:24.58		
--- Johnson, Holly	9 AMES	X2:14.24
30.65 34.51	35.41 33.67	
--- Banwart, Lauren	9 AMES	X2:16.25
31.94 34.71	35.57 34.03	
--- Hudson, Tess	10 AMES	X2:23.01
33.16 36.63	37.20 36.02	
--- VanRoekel, Maggie	GRINN	X3:03.92
37.49 44.66	50.19 51.58	
--- Malin, Amber	BOONE	X3:29.77
38.86 53.48	1:01.58 55.85	
--- Jolly, Julie	GRINN	X3:30.28
37.71 41.82	43.58 1:27.17	
--- Handel, Claudia	GRINN	X3:39.30
44.38 54.12	1:01.39 59.41	

Event 3 Women 200 Yard IM

School: 2:14.20 2007 Stephanie Koch

Pool: 2:14.24 2005 Stephanie Koch

Name	Yr School	Finals Time
1 Zuerner, Chrisann	11 AMES	2:24.67
30.95 40.59	41.36 31.77	
2 Farrell, Meredith	9 AMES	2:34.30
34.33 38.60	49.00 32.37	
3 Messingham, Taylor	9 AMES	2:36.10
34.80 40.28	43.97 37.05	
4 Beach, Renee	GRINN	2:42.94
33.29 42.77	49.38 37.50	
5 Hansen, Jillian	BOONE	3:11.74
38.16 53.27	57.81 42.50	
6 Reynolds, Caitlyn	GRINN	3:12.35
39.79 47.88	1:02.40 42.28	
7 Rudolph, Kaylee	GRINN	3:16.96
42.31 53.74	52.05 48.86	
--- Tsai, Michelle	11 AMES	X2:41.58
34.60 41.87	48.12 36.99	

Ames v Boone v Grinnell - 9/1/2009

Results

(Event 3 Women 200 Yard IM)

Name	Yr	School	Finals Time	
--- Pitcher, Adriana	11	AMES	X2:52.30	
	36.99	42.24	52.23	40.84
--- Walker, Jessica	10	AMES	X2:58.86	
	40.02	44.00	54.14	40.70
--- Hartz, Hannah		GRINN	X3:17.38	
	41.50		45.69	
--- Jones, Miranda		GRINN	X3:27.10	
	46.40	55.12	54.32	51.26
--- Olivier, Jessi		GRINN	X3:35.28	
	49.53	56.90	1:03.43	45.42

Event 4 Women 50 Yard Freestyle

School: 24.33 2006 Stephanie Koch
Pool: 24.33 2006 Stephanie Koch

Name	Yr	School	Finals Time	
1 Bro, Maddie	10	AMES	25.15	
2 Breitbarth, Amber		BOONE	26.00	
3 Bonett, Lauren	12	AMES	27.53	
4 Quant, Charlotte	11	AMES	27.79	
5 Francis, Claire		GRINN	28.47	
6 O'Halloran, Kaylee		GRINN	30.90	
7 Tish, Jodi		GRINN	31.31	
8 Riordan, Chelsea		BOONE	33.66	
9 Roberts, Alysha		BOONE	35.00	
--- Andersen, Maddie	11	AMES	X27.99	
--- Brewer, Gabby	9	AMES	X28.71	
--- Dougherty, Shannon	11	AMES	X28.71	
--- Glenn, Breeana	10	AMES	X28.86	
--- Grant, Lauren	11	AMES	X29.21	
--- Tringides, Christina	11	AMES	X29.56	
--- Vollbrecht, Hanna	11	AMES	X30.04	
--- Tuggle, Hannah	12	AMES	X30.24	
--- Gent, Ada	10	AMES	X30.51	
--- Shanks, Lindsey	11	AMES	X31.31	
--- Ring, Taylor	11	AMES	X31.37	
--- Peterson, Kendria	9	AMES	X32.22	
--- Gilligan, Erin	10	AMES	X32.31	
--- Benson, Nora	9	AMES	X32.54	
--- Bignall, Alyssa	10	AMES	X33.01	
--- Davis, Jazlyn	10	AMES	X33.03	
--- Meese, Anna	12	AMES	X33.34	
--- Duden, Amber	11	AMES	X33.35	
--- Fritzell, Stella	12	AMES	X33.42	
--- Doyle, Maggie	10	AMES	X33.45	
--- Bovinette, Alyssa	10	AMES	X34.25	
--- Brown, Greer	10	AMES	X34.94	
--- Chausse, Maddie	10	AMES	X34.96	
--- Silva, Anya		GRINN	X35.08	
--- Heyer, Sydney		BOONE	X35.34	
--- Malin, Amber		BOONE	X35.98	
--- Grell, Penny		BOONE	X36.37	
--- Patterson, Stephanie		GRINN	X37.02	
--- Kaufman, Kiera	9	AMES	X37.37	
--- Busch, Joy	11	AMES	X38.42	
--- Kovalenko, Juilya	9	AMES	X40.28	
--- Mikel, Ashley		GRINN	X40.85	

--- Hansen, Anna	11	AMES	X41.70
--- Stammer, Christine	12	AMES	X41.78
--- Andersen, Rachel	9	AMES	X49.21

Event 5 Women 1 mtr Diving

School: 459.95 1979 Missy Karas
Pool: 567.35 1982 Mary Fischbach

Name	Yr	School	Finals Score	
1 Freeman, Nikki		GRINN	205.65	
2 Overland, Jordan		BOONE	196.70	
3 Drees, Emily		GRINN	183.60	
4 Cohea, Megan	11	AMES	178.45	
5 Kemp, Sarah	10	AMES	170.15	
6 Pfannes, Bridget		BOONE	156.85	
7 Joerger, Anna	11	AMES	119.95	
8 Thiel, Olivia		BOONE	108.35	
--- Bennett, Paige		BOONE	X94.90	
--- Baldus, Apriil		BOONE	X101.05	
--- Griffith, Mariah	9	AMES	X154.90	
--- Syrkin-Nikolau, Judy	11	AMES	X187.50	

Event 6 Women 100 Yard Butterfly

School: 1:00.20 1985 Susan Lichtenberg
Pool: 57.05 1985 Ann Walker

Name	Yr	School	Finals Time	
1 Flummerfelt, Taylor	9	AMES	1:01.81	
	28.85	32.96		
2 Rosser, Lauren	10	AMES	1:03.70	
	29.11	34.59		
3 Dearden, Jessica		BOONE	1:13.11	
	33.24	39.87		
4 Tsai, Michelle	11	AMES	1:13.59	
	33.77	39.82		
5 Beckwith-Ferguson,		GRINN	1:19.95	
	36.72	43.23		
6 Francis, Claire		GRINN	1:22.80	
	37.65	45.15		
7 Lee, Aledandria		BOONE	1:24.76	
	37.78	46.98		
8 Patterson, Stephanie		GRINN	1:57.88	
	50.31	1:07.57		
--- Downard, Emily	12	AMES	X1:09.60	
	33.24	36.36		
--- Fitzgerald, Cori	12	AMES	X1:26.25	
	38.34	47.91		
--- Jolly, Julie		GRINN	X1:41.89	
	47.26	54.63		

Event 7 Women 100 Yard Freestyle

School: 53.06 2005 Stephanie Koch
Pool: 53.36 2007 Stephanie Koch

Name	Yr	School	Finals Time	
1 Bro, Maddie	10	AMES	54.71	
	26.39	28.32		
2 Breitbarth, Amber		BOONE	57.76	
	27.61	30.15		
3 Shriver, Rachel	10	AMES	57.96	
	28.21	29.75		

Ames v Boone v Grinnell - 9/1/2009

Results

(Event 7 Women 100 Yard Freestyle)			
Name	Yr	School	Finals Time
4 Rewoldt, Abby	11	AMES	1:02.69
29.05	33.64		
5 Beach, Renee		GRINN	1:04.87
30.77	34.10		
6 Kriegel, Emily		GRINN	1:07.61
32.75	34.86		
7 Trudeau, Charissa		BOONE	1:11.14
33.28	37.86		
8 Francis, Sarah		GRINN	1:13.74
35.03	38.71		
9 Riordan, Chelsea		BOONE	1:17.55
35.21	42.34		
--- Bonett, Lauren	12	AMES	X1:01.35
28.71	32.64		
--- Glenn, Breeana	10	AMES	X1:05.22
30.25	34.97		
--- Andersen, Maddie	11	AMES	X1:05.49
30.84	34.65		
--- Gent, Ada	10	AMES	X1:10.92
34.39	36.53		
--- Ring, Taylor	11	AMES	X1:12.63
34.58	38.05		
--- Duden, Amber	11	AMES	X1:13.71
35.49	38.22		
--- Benson, Nora	9	AMES	X1:13.75
34.99	38.76		
--- Bovinette, Alyssa	10	AMES	X1:15.12
36.29	38.83		
--- Peterson, Kendria	9	AMES	X1:15.51
35.41	40.10		
--- McCall, Karly		GRINN	X1:15.58
36.16	39.42		
--- Bignall, Alyssa	10	AMES	X1:16.37
35.89	40.48		
--- Fritzell, Stella	12	AMES	X1:17.31
36.84	40.47		
--- Davis, Jazlyn	10	AMES	X1:18.47
36.98	41.49		
--- Chausse, Maddie	10	AMES	X1:19.37
1:19.46			
--- Kaufman, Kiera	9	AMES	X1:20.73
37.81	42.92		
--- Peirson, Maryssa		BOONE	X1:20.98
36.27	44.71		
--- Silva, Anya		GRINN	X1:23.90
41.38	42.52		
--- Busch, Joy	11	AMES	X1:27.65
41.25	46.40		
--- Kovalenko, Juilya	9	AMES	X1:28.20
43.51	44.69		
--- Stammer, Christine	12	AMES	X1:40.66
46.51	54.15		
--- Hansen, Anna	11	AMES	X1:45.55
49.90	55.65		
--- Handel, Claudia		GRINN	X1:46.02
48.17	57.85		

--- Andersen, Rachel 9 AMES X1:56.62
56.56 1:00.06

Event 8 Women 500 Yard Freestyle

School: 5:07.10 1977 K. Kirkland

Pool: 5:09.45 1989 Frankie Hanson

Name	Yr	School	Finals Time	
1 Farrell, Meredith	9	AMES	5:50.69	
31.83	34.08	35.51	35.53	
35.57	36.31	35.32	36.38	
35.69	34.47			
2 Johnson, Holly	9	AMES	6:03.03	
33.86	36.79	36.65	36.71	
36.51	36.96	36.93	36.70	
36.42	35.50			
3 Hudson, Tess	10	AMES	6:27.92	
34.40	38.27	39.43	39.11	
39.70	40.35	40.06	40.08	
40.38	36.14			
4 Hall, Kayla		GRINN	6:58.30	
35.37	39.94	42.06	43.32	
43.51	43.45	43.43	43.74	
43.15	40.33			
5 O'Neal, Lisa		BOONE	7:14.07	
37.84	42.11	43.53	45.20	
44.40	45.88	44.86	44.98	
43.42	41.85			
6 Mertens, Jane		GRINN	7:20.68	
38.95	43.05	44.42	44.73	
45.50	45.63	45.56	44.55	
44.66	43.63			
7 Wailes, Heather		BOONE	7:23.46	
37.63	43.00	44.93	45.18	
45.66	45.82	46.92	44.70	
45.38	44.24			
8 Reynolds, Caitlyn		GRINN	7:34.87	
37.22	43.94	45.99	47.36	
47.57	1:35.76			
1:29.56				
--- Tish, Jodi		GRINN	X7:02.48	
34.67	39.09	42.23	43.00	
44.08	43.89	44.77	43.50	
42.21	45.04			
--- Hartz, Hannah		GRINN	X7:59.66	
39.05	45.11			
	46.44			

Event 9 Women 200 Yard Freestyle Relay

School: 1:41.18 2006 Koch, Ranney, Liu, Dekkers

Pool: 1:41.87 2005 WDM Valley

Team	Relay	Finals Time
1 AMES	A	1:42.64
1) Flummerfelt, Taylor 9	2) Rosser, Lauren 10	
3) Zuerner, Chrisann 11	4) Bro, Maddie 10	
25.28	26.85	26.06
		24.45

Ames v Boone v Grinnell - 9/1/2009

Results

(Event 9 Women 200 Yard Freestyle Relay)

Team	Relay	Finals Time
2 AMES	B	1:48.54
1) Bonett, Lauren 12	2) Bonestroo, Hannah 9	
3) Andersen, Maddie 11	4) Shriver, Rachel 10	
27.55 26.41	28.07 26.51	
3 GRINN	A	2:00.13
1) O'Halloran, Kaylee	2) Kriegel, Emily	
3) Beach, Renee	4) Francis, Claire	
32.80 30.24	28.30 28.79	
4 BOONE	A	2:01.21
1) Dearden, Jessica	2) Lee, Aledandria	
3) Hansen, Jillian	4) Breitbarth, Amber	
31.46 32.25	31.39 26.11	
5 GRINN	B	2:10.35
1) Beckwith-Ferguson, Caitlyn	2) Francis, Sarah	
3) Jones, Miranda	4) Tish, Jodi	
32.21 32.45	34.34 31.35	
6 BOONE	B	2:11.38
1) Peirson, Maryssa	2) Trudeau, Charissa	
3) Riordan, Chelsea	4) O'Neal, Lisa	
33.01 31.52	33.97 32.88	
--- AMES	C	X1:54.91
1) Downard, Emily 12	2) Brewer, Gabby 9	
3) Glenn, Breeana 10	4) Johnson, Holly 9	
28.94 28.76	28.74 28.47	
--- AMES	E	X1:58.90
1) Walker, Jessica 10	2) Tringides, Christina 11	
3) Tuggle, Hannah 12	4) Grant, Lauren 11	
31.34 29.63	29.06 28.87	
--- AMES	D	X1:59.55
1) Messingham, Taylor 9	2) Hudson, Tess 10	
3) Dougherty, Shannon 11	4) Vollbrecht, Hanna 11	
31.02 29.69	28.56 30.28	
--- AMES	F	X2:06.49
1) Gent, Ada 10	2) Shanks, Lindsey 11	
3) Fitzgerald, Cori 12	4) Meese, Anna 12	
31.56 30.86	31.59 32.48	
--- AMES	G	X2:14.76
1) Benson, Nora 9	2) Davis, Jazlyn 10	
3) Peterson, Kendria 9	4) Ring, Taylor 11	
33.23 34.91	34.48 32.14	
--- AMES	H	X2:15.88
1) Kilzer, Anna 10	2) Bignall, Alyssa 10	
3) Chausse, Maddie 10	4) Duden, Amber 11	
33.40 35.51	33.20 33.77	
--- GRINN	C	X2:23.42
1) Rudolph, Kaylee	2) Robbins, Kristin	
3) Hartz, Hannah	4) McCall, Karly	
34.97 36.84	36.81 34.80	
--- BOONE	C	X2:25.60
1) Grell, Penny	2) Heyer, Sydney	
3) Malin, Amber	4) Roberts, Alysha	
36.66 36.15	37.92 34.87	
--- GRINN	D	X2:37.39
1) Olivier, Jessi	2) Mikel, Ashley	
3) Handel, Claudia	4) Silva, Anya	
36.09 40.71	15.39 1:05.20	

Event 10 Women 100 Yard Backstroke

School: 1:01.30 2007 Stephanie Koch

Pool: 1:00.85 1999 Megan Taylor

Name	Yr School	Finals Time
1 Quant, Charlotte	11 AMES	1:09.76
33.96 35.80		
2 Bonestroo, Hannah	9 AMES	1:10.02
33.98 36.04		
3 Banwart, Lauren	9 AMES	1:13.65
36.27 37.38		
4 Hall, Kayla	GRINN	1:20.59
5 Mertens, Jane	GRINN	1:24.09
39.79 44.30		
6 Wailes, Heather	BOONE	1:26.23
42.06 44.17		
7 Peirson, Maryssa	BOONE	1:30.82
42.93 47.89		
8 McCall, Karly	GRINN	1:31.04
45.63 45.41		
--- Pitcher, Adriana	11 AMES	X1:18.14
38.60 39.54		
--- Olivier, Jessi	GRINN	X1:39.11
47.41 51.70		
--- VanRoekel, Maggie	GRINN	X1:40.58
47.90 52.68		
--- Heyer, Sydney	BOONE	X1:49.44
51.44 58.00		
--- Malin, Amber	BOONE	X1:58.55
54.45 1:04.10		
--- Mikel, Ashley	GRINN	X2:00.59
--- Gilligan, Erin	10 AMES	XDQ
38.01 42.01		

Event 11 Women 100 Yard Breaststroke

School: 1:06.66 1999 Nichole Shaull

Pool: 1:06.66 1996 Nichole Shaull

Name	Yr School	Finals Time
1 Zuerner, Chrisann	11 AMES	1:15.65
36.19 39.46		
2 Rewoldt, Abby	11 AMES	1:16.23
35.69 40.54		
3 Messingham, Taylor	9 AMES	1:20.79
38.34 42.45		
4 Beckwith-Ferguson,	GRINN	1:23.25
39.64 43.61		
5 Thiel, Olivia	BOONE	1:31.69
43.39 48.30		
6 Jones, Miranda	GRINN	1:32.46
43.01 49.45		
7 Rudolph, Kaylee	GRINN	1:36.39
44.42 51.97		
8 Curvin, Abra	BOONE	1:39.59
44.59 55.00		
9 Roberts, Alysha	BOONE	1:53.62
52.01 1:01.61		
--- Tringides, Christina	11 AMES	X1:23.52
38.37 45.15		

Ames v Boone v Grinnell - 9/1/2009

Results

(Event 11 Women 100 Yard Breaststroke)

Name	Yr	School	Finals Time
--- Walker, Jessica	10	AMES	X1:31.60
42.26	49.34		
--- Meese, Anna	12	AMES	X1:36.15
43.26	52.89		
--- Robbins, Kristin		GRINN	X1:49.81
48.09	1:01.72		

Event 12 Women 400 Yard Freestyle RelaySchool: **3:44.90** 1978 Richard,Gorman,Millard,KirkPool: **3:46.30** 1976 Westside

Team	Relay	Finals Time
1 AMES	A	3:50.22
1) Flummerfelt, Taylor 9	2) Rosser, Lauren 10	
3) Bonestroo, Hannah 9	4) Shriver, Rachel 10	
26.71 55.20	28.06 58.98	
27.70 58.45	27.73 57.59	
2 AMES	B	4:15.78
1) Tsai, Michelle 11	2) Farrell, Meredith 9	
3) Rewoldt, Abby 11	4) Quant, Charlotte 11	
30.42 1:04.12	30.27 1:05.25	
30.98 1:05.84	28.30 1:00.57	
3 GRINN	A	4:33.66
1) O'Halloran, Kaylee	2) Kriegel, Emily	
3) Hall, Kayla	4) Beach, Renee	
33.70 1:11.59	31.95 1:07.58	
33.59 1:13.70	27.76 1:00.79	
4 BOONE	A	4:48.82
1) Dearden, Jessica	2) Hansen, Jillian	
3) Lee, Aledandria	4) O'Neal, Lisa	
33.69 1:09.53	1:13.48	
	33.69 1:13.09	
5 GRINN	B	5:04.94
1) Francis, Sarah	2) Reynolds, Caitlyn	
3) Beckwith-Ferguson, Caitlyn	4) VanRoekel, Maggie	
35.98 1:15.35	20.06 1:14.72	
34.76 1:15.75	37.32 1:19.12	
6 BOONE	B	5:25.80
1) Wailes, Heather	2) Riordan, Chelsea	
3) Roberts, Alysha	4) Curvin, Abra	
36.99 1:17.85	35.86 1:20.23	
39.86 1:25.70	1:22.02	
--- AMES	C	X4:12.59
1) Johnson, Holly 9	2) Downard, Emily 12	
3) Hudson, Tess 10	4) Banwart, Lauren 9	
30.27 1:02.42	29.39 1:02.10	
31.50 1:05.90	30.13 1:02.17	
--- AMES	D	X4:24.79
1) Brewer, Gabby 9	2) Vollbrecht, Hanna 11	
3) Pitcher, Adriana 11	4) Grant, Lauren 11	
31.91 1:05.42	31.85 1:06.39	
31.95 1:07.54	31.20 1:05.44	
--- AMES	F	X5:01.35
1) Fitzgerald, Cori 12	2) Ring, Taylor 11	
3) Peterson, Kendria 9	4) Gilligan, Erin 10	
36.37 1:15.18	34.41 1:12.82	
36.55 1:20.66	33.90 1:12.69	

--- GRINN	C	X5:34.83
1) Hartz, Hannah	2) Mertens, Jane	
3) Jolly, Julie	4) Patterson, Stephanie	
39.11 1:23.37	36.48 1:17.43	
37.12 1:18.35	41.72 1:35.68	
--- AMES	G	XDQ
1) Bignall, Alyssa 10	2) Chausse, Maddie 10	
3) Bovinette, Alyssa 10	4) Brown, Greer 10	
37.13 1:18.64	37.96 1:21.35	
35.84 1:17.02	37.20 1:18.08	
--- AMES	E	XDQ
1) Shanks, Lindsey 11	2) Dougherty, Shannon 11	
3) Tuggle, Hannah 12	4) Gent, Ada 10	
35.55 1:14.96	31.43 1:05.77	
31.52 1:13.17	28.03 1:05.50	
--- AMES	H	XDQ
1) Kaufman, Kiera 9	2) Busch, Joy 11	
3) Hansen, Anna 11	4) Duden, Amber 11	
37.16 1:19.97	41.00 1:28.72	
49.60 1:44.51	35.74 1:13.42	