

Iowa Conference Meet - 10/22/2009

Results

Event 1 Girls 1 mtr Diving

Name	Yr	School	Finals Score
1 Dickinson, Julie	FR	WDMV	351.60
2 Cohea, Megan	11	AMES	340.40
3 Kemp, Sarah	10	AMES	333.70
4 Nelson, Mia	JR	WDMV	315.10
5 Stiehl, Amy		MTWN-IA	311.55
6 Clingman, Ashlyn	FR	WDMV	311.05
7 Pappas, Emily	SR	MASON	291.75
8 Joerger, Anna	11	AMES	277.85
9 Hilleman, Erika		MTWN-IA	257.25
--- Nugent, Kristina		MTWN-IA	X125.65
--- Griffith, Mariah	9	AMES	X143.70
--- Syrkin-Nikolau, Judy	11	AMES	X207.10

Event 2 Girls 200 Yard Medley Relay

Team	Relay	Finals Time
1 WDMV	A	1:52.22
1) Bakari, Nailah JR	2) Wistey, Imelda SR	
3) Zuckerman, Sammy SO	4) Galles, Kelsey SR	
30.03 29.46	28.08 24.65	
2 MASON	A	1:54.01
1) Busch, Courtney SR	2) Wiltsie, Emily SR	
3) Sterns, Ali JR	4) Olson, Liz SO	
28.47 31.06	28.20 26.28	
3 AMES	A	1:59.58
1) Rosser, Lauren 10	2) Rewoldt, Abby 11	
3) Quant, Charlotte 11	4) Bonett, Lauren 12	
30.90 33.42	28.94 26.32	
4 MTWN-IA	A	2:00.18
1) Johnson, Meredith	2) Barske, Elizabeth	
3) Visser, Emily	4) Beals, Mackenzie	
30.25 34.56	29.16 26.21	
5 FDSH-IA	A	2:02.48
1) Hall, Molly JR	2) Chambers, Ali SR	
3) Pearson, Jaime SR	4) Ellendson, Angie FR	
33.82 32.92	28.15 27.59	
--- WDMV	B	X2:03.34
1) Herren, Brooke FR	2) Aurora, Pallavi SO	
3) Zuckerman, Mara SR	4) DiBlasi, Mackenzie SO	
33.48 34.87	28.58 26.41	
--- AMES	B	X2:07.54
1) Johnson, Holly 9	2) Messingham, Taylor 9	
3) Downard, Emily 12	4) Andersen, Maddie 11	
33.20 37.07	30.89 26.38	
--- AMES	C	X2:08.66
1) Pitcher, Adriana 11	2) Tringides, Christina 11	
3) Tsai, Michelle 11	4) Brewer, Gabby 9	
33.22 36.72	31.50 27.22	
--- WDMV	C	X2:10.95
1) Skold, Laura JR	2) Elliott, Grace SO	
3) Heim, Jessica SO	4) Reeve, Kelly FR	
31.68 38.20	31.22 29.85	
--- AMES	D	X2:13.11
1) Vollbrecht, Hanna 11	2) Glenn, Breeana 10	
3) Gilligan, Erin 10	4) Dougherty, Shannon 11	
35.72 36.68	33.17 27.54	

--- MASON	B	X2:15.14
1) Vrieze, Sam SO	2) Hanson, Carina JR	
3) O'Brien, Bailey SO	4) Crimmins, Abby FR	
32.68 37.55	30.72 34.19	
--- AMES	E	X2:15.30
1) Tuggle, Hannah 12	2) Walker, Jessica 10	
3) Fitzgerald, Cori 12	4) Gent, Ada 10	
34.08 39.07	32.87 29.28	
--- WDMV	D	X2:21.06
1) Thompson, Leah FR	2) Taylor, Jessica FR	
3) Korsakov, Lucy FR	4) Curran, Sarah SO	
35.94 41.01	35.49 28.62	
--- WDMV	F	X2:22.54
1) Filippelli, Stephanie JR	2) Wilhelm, Maddie JR	
3) Goetz, Maggie JR	4) Smith, Cecilia JR	
35.83 44.75	28.89 33.07	
--- AMES	F	X2:23.84
1) Peterson, Kendria 9	2) Fritzell, Stella 12	
3) Ring, Taylor 11	4) Duden, Amber 11	
38.06 39.51	37.70 28.57	
--- WDMV	E	X2:24.67
1) Seltz, Maria FR	2) Wolcott, Jillian SR	
3) Cunningham, Sara JR	4) Engelhardt, Annie JR	
33.78 38.47	35.57 36.85	
--- FDSH-IA	B	X2:25.91
1) Miller, Zoey FR	2) Bocken, Katy FR	
3) Bleich, Jackie SR	4) Johnson, Mackenzie SO	
38.16 38.03	38.54 31.18	
--- MASON	C	X2:26.50
1) Kraling, Molly JR	2) Eppens, Allison FR	
3) Moritz, Nichole JR	4) Pettyjohn, Alysha FR	
37.79 41.58	35.34 31.79	
--- MTWN-IA	B	X2:31.04
1) McLain, Mikalie	2) Carter, Hanna	
3) Determan, Desiree	4) King, Tasia	
39.35 40.06	36.21 35.42	
--- AMES	G	X2:36.18
1) Lee, Sue 11	2) Meese, Anna 12	
3) Bignall, Alyssa 10	4) Bovinette, Alyssa 10	
42.56 42.31	37.76 33.55	
--- WDMV	G	X2:36.67
1) Sharma, Radheeka SO	2) Pollock, Kayleigh FR	
3) Meade, Mackenzie JR	4) Stegeman, Ashley SO	
36.38 51.41	37.56 31.32	
--- MTWN-IA	C	X2:38.31
1) Ramsey-Smith, Danielle	2) Guymer, Emily	
3) Nugent, Kristina	4) Hilleman, Erika	
43.06 41.64	40.69 32.92	
--- AMES	H	X2:41.23
1) Stammer, Christine 12	2) Davis, Jazlyn 10	
3) Kaufman, Kiera 9	4) Kilzer, Anna 10	
49.33 39.06	40.53 32.31	
--- WDMV	H	X2:43.73
1) Soto, Alyssa FR	2) Seidlin, Grace SO	
3) Parker, Delaney FR	4) Erbstein, Lizzy FR	
48.44 43.43	35.93 35.93	

Iowa Conference Meet - 10/22/2009

Results

Event 3 Girls 200 Yard Freestyle

Name	Yr	School	Finals Time	
1 Busch, Courtney	SR	MASON	1:57.55	
27.24	29.47	30.62	30.22	
2 Whalen, Anne	FR	MASON	2:02.09	
27.79	30.55	31.73	32.02	
3 Smith, Mikalah	SO	WDMV	2:04.03	
28.72	31.04	32.15	32.12	
4 Skold, Megan	JR	WDMV	2:04.65	
28.33	31.30	32.52	32.50	
5 Shriver, Rachel	10	AMES	2:06.16	
28.65	31.44	32.95	33.12	
6 Wenthe, Abbie	JR	WDMV	2:07.19	
29.66	32.14	32.87	32.52	
7 Zuerner, Chrisann	11	AMES	2:07.37	
29.18	32.11	33.30	32.78	
8 Bonestroo, Hannah	9	AMES	2:07.76	
29.48	32.64	32.78	32.86	
9 McCarville, Micaela		MTWN-IA	2:07.89	
28.23	31.80	33.80	34.06	
10 Aberg, Madeline	FR	MASON	2:10.69	
30.68	33.05	33.59	33.37	
11 Ellendson, Angie	FR	FDSH-IA	2:13.45	
30.27	33.05	34.49	35.64	
12 Stewart, Alix		MTWN-IA	2:19.20	
31.76	35.27	36.57	35.60	
13 Stahlin, Leah		MTWN-IA	2:19.73	
32.31	35.46	35.84	36.12	
14 Graham, Brittany	SO	FDSH-IA	2:23.46	
32.98	35.97	38.01	36.50	
15 Johnson, Mackenzie	SO	FDSH-IA	2:33.46	
35.23	38.84	39.91	39.48	
--- Heim, Jessica	SO	WDMV	X2:07.22	
29.76	32.19	32.78	32.49	
--- Farrell, Meredith	9	AMES	X2:13.42	
31.31	33.68	34.04	34.39	
--- Banwart, Lauren	9	AMES	X2:17.60	
31.71	35.36	36.00	34.53	
--- Thompson, Leah	FR	WDMV	X2:19.28	
31.60	35.60	36.11	35.97	
--- Hudson, Tess	10	AMES	X2:22.53	
32.74	36.21	37.21	36.37	
--- McLain, Mikalie		MTWN-IA	X2:25.32	
33.48	36.45	38.44	36.95	
--- Sipfle, Rachel	SR	WDMV	X2:30.74	
33.62	38.76	39.27	39.09	
--- Meade, Mackenzie	JR	WDMV	X2:32.92	
34.42	38.12	40.46	39.92	
--- Determan, Desiree		MTWN-IA	X2:37.65	
36.35	39.13	40.83	41.34	
--- Eppens, Allison	FR	MASON	X2:42.58	
			39.77	
--- Redmond, Libby	FR	FDSH-IA	X2:46.00	
38.44			41.91	
--- Crimmins, Abby	FR	MASON	XDQ	
37.40	42.55	43.72	43.29	

Event 4 Girls 200 Yard IM

Name	Yr	School	Finals Time	
1 Wistey, Imelda	SR	WDMV	2:10.67	
28.29	33.66	36.14	32.58	
2 Sterns, Ali	JR	MASON	2:15.42	
29.23	35.37	38.28	32.54	
3 Olson, Liz	SO	MASON	2:20.35	
30.45	37.44	39.33	33.13	
4 Zuckerman, Sammy	SO	WDMV	2:20.65	
30.02	37.36	40.93	32.34	
5 Zuckerman, Mara	SR	WDMV	2:21.11	
29.66	36.86	42.48	32.11	
6 Pearson, Jaime	SR	FDSH-IA	2:22.58	
29.62	35.63	44.37	32.96	
7 Quant, Charlotte	11	AMES	2:24.82	
29.87	37.05	44.21	33.69	
8 Rosser, Lauren	10	AMES	2:26.86	
30.83	38.09	44.09	33.85	
9 Barske, Elizabeth		MTWN-IA	2:28.26	
32.67	38.99	43.11	33.49	
10 Vrieze, Sam	SO	MASON	2:32.64	
32.58	38.24	47.39	34.43	
11 Beals, Sam		MTWN-IA	2:35.75	
34.49	37.87	50.89	32.50	
12 Messingham, Taylor	9	AMES	2:36.29	
35.44	40.75	44.09	36.01	
13 Carter, Hanna		MTWN-IA	2:53.14	
39.36			39.37	
14 Starrett, Rochelle	SO	FDSH-IA	3:13.62	
44.85	50.42	53.44	44.91	
--- Aurora, Pallavi	SO	WDMV	X2:29.00	
34.18	37.82	41.19	35.81	
--- Johnson, Holly	9	AMES	X2:35.97	
35.06	38.23	48.61	34.07	
--- Korsakov, Lucy	FR	WDMV	X2:56.96	
35.26	45.63	52.93	43.14	
--- Parker, Delaney	FR	WDMV	X2:57.00	
36.88	45.33	54.57	40.22	

Event 5 Girls 50 Yard Freestyle

Name	Yr	School	Finals Time
1 Johnson, Meredith		MTWN-IA	24.38
2 Flummerfelt, Taylor	9	AMES	24.96
3 Kraling, Loretta	SO	MASON	25.02
4 Galles, Kelsey	SR	WDMV	25.20
5 Visser, Emily		MTWN-IA	25.72
6 Bakari, Nailah	JR	WDMV	26.16
7 Chambers, Ali	SR	FDSH-IA	26.29
8 DiBlasi, Mackenzie	SO	WDMV	26.45
9 Bonett, Lauren	12	AMES	26.94
10 Andersen, Maddie	11	AMES	27.64
11 O'Brien, Bailey	SO	MASON	28.70
12 Stewart, Alix		MTWN-IA	29.32
13 Bocken, Katy	FR	FDSH-IA	30.86
14 Steig, Rachel	SO	FDSH-IA	31.94
15 Gilley, Tawny	JR	FDSH-IA	33.60
16 Gerdes, Becca	FR	FDSH-IA	36.80

Iowa Conference Meet - 10/22/2009

Results

(Event 5 Girls 50 Yard Freestyle)

Name	Yr	School	Finals Time
17 Metier, Meghan	JR	FDSH-IA	38.99
18 Diasdado, Monique	FR	FDSH-IA	39.77
--- Goetz, Maggie	JR	WDMV	X27.11
--- Skold, Laura	JR	WDMV	X27.18
--- Brewer, Gabby	9	AMES	X27.62
--- Tsai, Michelle	11	AMES	X27.78
--- Dougherty, Shannon	11	AMES	X27.83
--- Tuggle, Hannah	12	AMES	X28.37
--- Cunningham, Sara	JR	WDMV	X28.41
--- Pitcher, Adriana	11	AMES	X28.69
--- Curran, Sarah	SO	WDMV	X28.71
--- Johnson, Madi	JR	MASON	X28.87
--- Glenn, Breeana	10	AMES	X28.94
--- Tringides, Christina	11	AMES	X29.07
--- Hanson, Carina	JR	MASON	X29.18
--- Reeve, Kelly	FR	WDMV	X29.59
--- Hendrickson, Jordyn	JR	MASON	X29.60
--- Duden, Amber	11	AMES	X29.66
--- Gent, Ada	10	AMES	X29.70
--- Vollbrecht, Hanna	11	AMES	X30.17
--- Welch, Grace	SO	WDMV	X30.29
--- Wilhelm, Maddie	JR	WDMV	X30.60
--- Shanks, Lindsey	11	AMES	X30.68
--- Moritz, Nichole	JR	MASON	X30.74
--- Fritzell, Stella	12	AMES	X31.21
--- Parker, Delaney	FR	WDMV	X31.23
--- Fitzgerald, Cori	12	AMES	X31.28
--- Ring, Taylor	11	AMES	X31.29
--- Peterson, Kendria	9	AMES	X31.46
--- Gilligan, Erin	10	AMES	X31.57
--- Meese, Anna	12	AMES	X31.91
--- Determan, Desiree		MTWN-IA	X31.98
--- Sharma, Radheeka	SO	WDMV	X32.37
--- Davis, Jazlyn	10	AMES	X32.50
--- Wireman, Haley	SO	WDMV	X32.67
--- Bignall, Alyssa	10	AMES	X32.69
--- Wuttke, Amanda	FR	MASON	X32.84
--- Kilzer, Anna	10	AMES	X33.12
--- Taylor, Jessica	FR	WDMV	X33.18
--- Nugent, Kristina		MTWN-IA	X33.21
--- Lee, Sue	11	AMES	X33.62
--- Pettyjohn, Alysha	FR	MASON	X33.85
--- Bovinette, Alyssa	10	AMES	X33.86
--- Smith, Cecilia	JR	WDMV	X34.10
--- Brown, Greer	10	AMES	X34.46
--- Kaufman, Kiera	9	AMES	X34.71
--- Ramsey-Smith, Danielle		MTWN-IA	X35.68
--- King, Tasia		MTWN-IA	X35.70
--- Soto, Alyssa	FR	WDMV	X35.74
--- Chausse, Maddie	10	AMES	X35.97
--- Kovalenko, Juilya	9	AMES	X36.09
--- Erbstein, Lizzy	FR	WDMV	X36.54
--- Engelhardt, Annie	JR	WDMV	X36.58
--- Wignall, Maddison		MTWN-IA	X36.90
--- Seidlin, Grace	SO	WDMV	X37.22
--- Seifert, Meghan	FR	WDMV	X39.85

--- Stammer, Christine 12 AMES X46.54

Event 6 Girls 100 Yard Butterfly

Name	Yr	School	Finals Time
1 Sterns, Ali	JR	MASON	1:01.40
2 Pearson, Jaime	SR	FDSH-IA	1:03.32
3 Zuckerman, Mara	SR	WDMV	1:03.51
4 Bakari, Nailah	JR	WDMV	1:04.26
5 Zuckerman, Sammy	SO	WDMV	1:04.43
6 Rosser, Lauren	10	AMES	1:06.15
7 Quant, Charlotte	11	AMES	1:06.45
8 Downard, Emily	12	AMES	1:08.23
9 O'Brien, Bailey	SO	MASON	1:09.99
10 Barker, Ashley		MTWN-IA	1:16.83
11 McLain, Mikalie		MTWN-IA	1:27.11
12 Starrett, Rochelle	SO	FDSH-IA	1:39.10
--- Tsai, Michelle	11	AMES	X1:12.57
--- Korsakov, Lucy	FR	WDMV	X1:23.78
--- Shanks, Lindsey	11	AMES	X1:26.17
--- Stegeman, Ashley	SO	WDMV	X1:29.91
--- Pollock, Kayleigh	FR	WDMV	XDQ

Event 7 Girls 100 Yard Freestyle

Name	Yr	School	Finals Time
1 Johnson, Meredith		MTWN-IA	52.81
2 Busch, Courtney	SR	MASON	53.64
3 Bro, Maddie	10	AMES	53.85
4 Flummerfelt, Taylor	9	AMES	54.71
5 Galles, Kelsey	SR	WDMV	55.48
6 Kraling, Loretta	SO	MASON	56.14
7 Visser, Emily		MTWN-IA	56.48
8 Shriver, Rachel	10	AMES	58.75

Iowa Conference Meet - 10/22/2009

Results

(Event 7 Girls 100 Yard Freestyle)

Name	Yr	School	Finals Time
9 Seltz, Maria	FR	WDMV	1:00.83
29.20	31.63		
10 Herren, Brooke	FR	WDMV	1:01.59
29.28	32.31		
11 Hall, Molly	JR	FDSH-IA	1:04.10
30.67	33.43		
12 Hendrickson, Jordyn	JR	MASON	1:06.13
31.92	34.21		
13 Fonseca, Janet		MTWN-IA	1:09.68
33.02	36.66		
14 Steig, Rachel	SO	FDSH-IA	1:11.72
34.18	37.54		
15 Gilley, Tawny	JR	FDSH-IA	1:19.32
37.37	41.95		
--- Bonett, Lauren	12	AMES	X59.67
28.71	30.96		
--- Brewer, Gabby	9	AMES	X1:02.39
30.43	31.96		
--- Rewoldt, Abby	11	AMES	X1:02.62
29.35	33.27		
--- Dougherty, Shannon	11	AMES	X1:02.63
30.28	32.35		
--- Elliott, Grace	SO	WDMV	X1:02.72
30.07	32.65		
--- Curran, Sarah	SO	WDMV	X1:04.12
30.54	33.58		
--- Andersen, Maddie	11	AMES	X1:04.13
29.71	34.42		
--- Reeve, Kelly	FR	WDMV	X1:05.01
31.10	33.91		
--- Cunningham, Sara	JR	WDMV	X1:05.44
30.45	34.99		
--- Tuggle, Hannah	12	AMES	X1:06.03
31.15	34.88		
--- Duden, Amber	11	AMES	X1:06.07
31.55	34.52		
--- Gent, Ada	10	AMES	X1:07.00
32.04	34.96		
--- Welch, Grace	SO	WDMV	X1:07.09
31.52	35.57		
--- Walker, Jessica	10	AMES	X1:07.54
31.85	35.69		
--- Moritz, Nichole	JR	MASON	X1:08.42
32.31	36.11		
--- Wolcott, Jillian	SR	WDMV	X1:10.37
32.82	37.55		
--- Peterson, Kendria	9	AMES	X1:10.46
33.89	36.57		
--- Ring, Taylor	11	AMES	X1:10.68
33.72	36.96		
--- Kraling, Molly	JR	MASON	X1:12.52
34.54	37.98		
--- Sharma, Radheeka	SO	WDMV	X1:12.59
35.12	37.47		
--- Grau, Madeleine	FR	WDMV	X1:13.77
35.51	38.26		

---	Pettyjohn, Alysha	FR	MASON	X1:14.17
	35.44	38.73		
---	Wireman, Haley	SO	WDMV	X1:14.80
	35.41	39.39		
---	Lee, Sue	11	AMES	X1:15.14
	35.90	39.24		
---	Guymer, Emily		MTWN-IA	X1:15.36
	34.90	40.46		
---	Davis, Jazlyn	10	AMES	X1:15.50
	35.64	39.86		
---	Kilzer, Anna	10	AMES	X1:17.54
	37.53	40.01		
---	Bovinette, Alyssa	10	AMES	X1:17.66
	37.32	40.34		
---	Bignall, Alyssa	10	AMES	X1:17.75
	36.88	40.87		
---	Brown, Greer	10	AMES	X1:18.88
	38.51	40.37		
---	Kovalenko, Juilya	9	AMES	X1:19.72
	38.06	41.66		
---	Chausse, Maddie	10	AMES	X1:21.64
---	Ramsey-Smith, Danielle		MTWN-IA	X1:21.80
	38.23	43.57		
---	Erbstein, Lizzy	FR	WDMV	X1:25.07
	39.78	45.29		
---	Pollock, Kayleigh	FR	WDMV	X1:27.40
	42.67	44.73		
---	Engelhardt, Annie	JR	WDMV	X1:28.65
	42.64	46.01		
---	Stammer, Christine	12	AMES	X1:40.87
	46.89	53.98		

Event 8 Girls 500 Yard Freestyle

Name	Yr	School	Finals Time
1 Wiltsie, Emily	SR	MASON	5:18.04
28.43	31.62	32.24	32.39
32.24	32.82	31.77	32.71
32.18	31.64		
2 Smith, Mikalah	SO	WDMV	5:28.20
29.15	32.26	32.73	33.07
33.34	33.41	33.81	33.91
33.91	32.61		
3 Skold, Megan	JR	WDMV	5:36.16
29.94	32.92	33.58	34.10
34.10	34.70	34.46	34.43
34.20	33.73		
4 Zuerner, Chrisann	11	AMES	5:37.22
30.30	32.98	34.16	34.10
34.40	34.70	34.71	34.38
34.12	33.37		
5 Wenthe, Abbie	JR	WDMV	5:48.08
30.77	33.79	34.76	35.22
35.45	35.85	35.60	35.78
35.75	35.11		
6 Aberg, Madeline	FR	MASON	5:48.23
43.25	34.94		
36.14	35.76	35.80	36.04
35.30	55.42		

Iowa Conference Meet - 10/22/2009

Results

(Event 8 Girls 500 Yard Freestyle)

Name	Yr	School	Finals Time	
7 Downard, Emily	12	AMES	5:49.55	
42.69	35.15			
35.47	35.78	35.86	36.35	
36.22	57.08			
8 Farrell, Meredith	9	AMES	6:01.46	
32.55	35.08	36.58	36.81	
36.79	36.66	36.89	37.07	
37.20	35.83			
9 Ellendson, Angie	FR	FDSH-IA	6:05.51	
44.73	35.22			
37.21	37.70	38.95	37.79	
38.09	58.79			
10 Johnson, Madi	JR	MASON	6:05.84	
19.81	35.17	36.64	37.25	
37.51	37.39	38.11	38.23	
37.54	48.19			
11 Stahlin, Leah		MTWN-IA	6:08.58	
20.48	35.32	36.53	37.51	
37.70	38.03	38.44	38.12	
37.93	48.52			
12 Graham, Brittany	SO	FDSH-IA	6:44.34	
22.74	38.24	40.84	41.08	
41.86	41.99	42.32	42.25	
41.44	51.58			
13 Miller, Zoey	FR	FDSH-IA	7:04.40	
36.48	42.42	43.77	43.98	
44.50	43.20	43.61	43.49	
43.81	39.14			
--- Heim, Jessica	SO	WDMV	X5:42.99	
42.36	34.77			
35.60	35.62	34.77	34.68	
34.55	55.55			
--- Goetz, Maggie	JR	WDMV	X6:02.35	
43.36	36.25			
37.58	37.80	37.23	38.21	
37.46	57.15			
--- Thompson, Leah	FR	WDMV	X6:09.63	
45.90	38.01			
37.86	37.64	38.25	38.07	
37.13	58.74			
--- Banwart, Lauren	9	AMES	X6:14.10	
21.76	36.92	37.78	37.96	
37.29	38.23	38.59	38.31	
38.27	48.99			
--- Hudson, Tess	10	AMES	X6:25.53	
21.67	37.56	38.76	39.00	
39.78	40.07	40.06	39.64	
39.76	49.23			
--- Filippelli, Stephanie	JR	WDMV	X6:32.94	
20.27	36.22	38.80	40.50	
40.99	41.55	41.36	41.30	
41.88	50.07			
--- Siple, Rachel	SR	WDMV	X6:40.91	
35.28	38.76	41.14	41.35	
40.37	42.26	42.02	41.26	
40.46	38.01			

--- Meade, Mackenzie	JR	WDMV	X7:03.16	
35.49	38.80	41.02	42.39	
44.16	45.15	44.89	44.32	
46.06	40.88			

--- Stegeman, Ashley	SO	WDMV	X7:08.03	
36.96	42.45	42.92	44.34	
43.41	44.74	44.38	45.15	
44.02	39.66			

Event 9 Girls 200 Yard Freestyle Relay

Team	Relay	Finals Time	
1 AMES	A	1:42.12	
1) Bro, Maddie 10	2) Rosser, Lauren 10		
3) Bonestroo, Hannah 9	4) Flummerfelt, Taylor 9		
25.50	26.38	26.03	24.21
2 MTWN-IA	A	1:43.97	
1) Visser, Emily	2) Beals, Mackenzie		
3) Beals, Sam	4) Johnson, Meredith		
26.09	26.66	28.03	23.19
3 MASON	A	1:44.03	
1) Busch, Courtney SR	2) Whalen, Anne FR		
3) Kraling, Loretta SO	4) O'Brien, Bailey SO		
24.95	25.81	24.82	28.45
4 WDMV	A	1:45.73	
1) Bakari, Nailah JR	2) DiBlasi, Mackenzie SO		
3) Smith, Mikalah SO	4) Skold, Laura JR		
26.02	26.15	27.04	26.52
5 FDSH-IA	A	1:49.16	
1) Ellendson, Angie FR	2) Pearson, Jaime SR		
3) Hall, Molly JR	4) Chambers, Ali SR		
28.38	26.24	28.78	25.76
--- WDMV	B	X1:52.26	
1) Heim, Jessica SO	2) Elliott, Grace SO		
3) Wenthe, Abbie JR	4) Skold, Megan JR		
29.14	28.77	28.26	26.09
--- AMES	C	X1:52.52	
1) Banwart, Lauren 9	2) Brewer, Gabby 9		
3) Glenn, Breeana 10	4) Rewoldt, Abby 11		
29.25	27.62	28.07	27.58
--- AMES	D	X1:56.16	
1) Messingham, Taylor 9	2) Tringides, Christina 11		
3) Dougherty, Shannon 11	4) Tuggle, Hannah 12		
30.72	29.24	28.47	27.73
--- MTWN-IA	B	X1:59.63	
1) Stewart, Alix	2) Stahlin, Leah		
3) Fonseca, Janet	4) Barker, Ashley		
29.49	30.58	31.45	28.11
--- AMES	E	X1:59.73	
1) Duden, Amber 11	2) Shanks, Lindsey 11		
3) Hudson, Tess 10	4) Gent, Ada 10		
29.97	31.00	29.36	29.40
--- MASON	B	X2:01.16	
1) Kraling, Molly JR	2) Hendrickson, Jordyn JR		
3) Hanson, Carina JR	4) Aberg, Madeline FR		
33.17	30.13	29.41	28.45

Iowa Conference Meet - 10/22/2009

Results

(Event 9 Girls 200 Yard Freestyle Relay)

Team	Relay	Finals Time
--- AMES	F	X2:03.47
1) Fitzgerald, Cori 12	2) Walker, Jessica 10	
3) Ring, Taylor 11	4) Peterson, Kendria 9	
31.02 30.53	31.13 30.79	
--- WDMV	C	X2:07.76
1) Wireman, Haley SO	2) Sipfle, Rachel SR	
3) Curran, Sarah SO	4) Thompson, Leah FR	
33.90 31.99	30.95 30.92	
--- FDSH-IA	B	X2:07.87
1) Bocken, Katy FR	2) Miller, Zoey FR	
3) Johnson, Mackenzie SO	4) Graham, Brittany SO	
31.49 31.43	33.19 31.76	
--- MTWN-IA	C	X2:09.63
1) Carter, Hanna	2) Guymer, Emily	
3) Determan, Desiree	4) McLain, Mikalie	
32.10 33.26	32.71 31.56	
--- WDMV	E	X2:10.53
1) Parker, Delaney FR	2) Erbstein, Lizzy FR	
3) Taylor, Jessica FR	4) Korsakov, Lucy FR	
30.54 36.57	31.27 32.15	
--- AMES	G	X2:11.28
1) Bignall, Alyssa 10	2) Fritzell, Stella 12	
3) Kilzer, Anna 10	4) Meese, Anna 12	
34.06 31.56	34.18 31.48	
--- WDMV	D	X2:12.96
1) Engelhardt, Annie JR	2) Cunningham, Sara JR	
3) Stegeman, Ashley SO	4) Wolcott, Jillian SR	
40.86 28.48	32.72 30.90	
--- FDSH-IA	C	X2:15.87
1) Steig, Rachel SO	2) Gilley, Tawny JR	
3) Gerdes, Becca FR	4) Bleich, Jackie SR	
32.50 35.32	36.22 31.83	
--- AMES	H	X2:17.97
1) Lee, Sue 11	2) Kaufman, Kiera 9	
3) Brown, Greer 10	4) Bovinette, Alyssa 10	
34.69 34.30	34.92 34.06	
--- WDMV	F	X2:19.41
1) Seifert, Meghan FR	2) Sharma, Radheeka SO	
3) Welch, Grace SO	4) Grau, Madeleine FR	
43.78 32.50	30.36 32.77	
--- MTWN-IA	D	X2:20.17
1) King, Tasia	2) Nugent, Kristina	
3) Ramsey-Smith, Danielle	4) Hilleman, Erika	
36.09 33.63	34.97 35.48	
--- AMES	I	X2:27.12
1) Stammer, Christine 12	2) Davis, Jazlyn 10	
3) Kovalenko, Juilya 9	4) Chausse, Maddie 10	
43.09 32.28	38.28 33.47	
--- FDSH-IA	D	X2:33.89
1) Diasdado, Monique FR	2) Metier, Meghan JR	
3) Redmond, Libby FR	4) Starrett, Rochelle SO	
41.35 40.24	33.80 38.50	
--- AMES	B	XDQ
1) Andersen, Maddie 11	2) Shriver, Rachel 10	
3) Zuerner, Chrisann 11	4) Bonett, Lauren 12	
28.66 26.53	26.28 26.86	

Event 10 Girls 100 Yard Backstroke

Name	Yr School	Finals Time
1 Bro, Maddie	10 AMES	1:00.06
28.28 31.78		
2 Whalen, Anne	FR MASON	1:02.17
30.19 31.98		
3 Olson, Liz	SO MASON	1:04.97
31.44 33.53		
4 Vrieze, Sam	SO MASON	1:08.31
33.22 35.09		
5 Bonestroo, Hannah	9 AMES	1:08.68
33.33 35.35		
6 McCarville, Micaela	MTWN-IA	1:08.87
33.09 35.78		
7 Skold, Laura	JR WDMV	1:09.29
33.89 35.40		
8 Beals, Sam	MTWN-IA	1:09.32
33.55 35.77		
9 Herren, Brooke	FR WDMV	1:11.67
34.52 37.15		
10 Seltz, Maria	FR WDMV	1:11.80
35.05 36.75		
11 Johnson, Holly	9 AMES	1:11.97
34.85 37.12		
12 Barker, Ashley	MTWN-IA	1:15.47
36.68 38.79		
13 Hall, Molly	JR FDSH-IA	1:16.26
36.81 39.45		
14 Bleich, Jackie	SR FDSH-IA	1:23.42
39.32 44.10		
15 Diasdado, Monique	FR FDSH-IA	1:39.94
49.22 50.72		
--- Pitcher, Adriana	11 AMES	X1:12.26
34.89 37.37		
--- Filippelli, Stephanie	JR WDMV	X1:16.01
36.40 39.61		
--- Vollbrecht, Hanna	11 AMES	X1:16.83
37.22 39.61		
--- Gilligan, Erin	10 AMES	X1:18.27
37.61 40.66		
--- Wilhelm, Maddie	JR WDMV	X1:18.34
37.22 41.12		
--- Kraling, Molly	JR MASON	X1:21.45
40.58 40.87		
--- Crimmins, Abby	FR MASON	X1:24.42
41.88 42.54		
--- Soto, Alyssa	FR WDMV	X1:28.53
--- Smith, Cecilia	JR WDMV	X1:28.70
43.24 45.46		

Event 11 Girls 100 Yard Breaststroke

Name	Yr School	Finals Time
1 Wistey, Imelda	SR WDMV	1:04.52
30.23 34.29		
2 Wiltsie, Emily	SR MASON	1:07.06
31.04 36.02		

Iowa Conference Meet - 10/22/2009

Results

(Event 11 Girls 100 Yard Breaststroke)

Name	Yr	School	Finals Time
3 Chambers, Ali	SR	FDSH-IA	1:14.91
34.51	40.40		
4 Rewoldt, Abby	11	AMES	1:15.43
34.65	40.78		
5 Aurora, Pallavi	SO	WDMV	1:17.05
36.23	40.82		
6 DiBlasi, Mackenzie	SO	WDMV	1:17.28
35.57	41.71		
7 Barske, Elizabeth		MTWN-IA	1:18.25
36.57	41.68		
8 Messingham, Taylor	9	AMES	1:20.17
37.35	42.82		
9 Hanson, Carina	JR	MASON	1:20.90
38.63	42.27		
10 Tringides, Christina	11	AMES	1:21.22
37.80	43.42		
11 Carter, Hanna		MTWN-IA	1:27.89
40.64	47.25		
12 Beals, Mackenzie		MTWN-IA	1:28.78
41.44	47.34		
13 Redmond, Libby	FR	FDSH-IA	1:38.38
46.13	52.25		
14 Metier, Meghan	JR	FDSH-IA	1:47.38
50.26	57.12		
15 Gerdes, Becca	FR	FDSH-IA	1:49.27
49.69	59.58		
--- Elliott, Grace	SO	WDMV	X1:23.98
39.51	44.47		
--- Wolcott, Jillian	SR	WDMV	X1:27.68
41.27	46.41		
--- Grau, Madeleine	FR	WDMV	X1:28.15
42.00	46.15		
--- Taylor, Jessica	FR	WDMV	X1:28.44
41.67	46.77		
--- Walker, Jessica	10	AMES	X1:28.47
41.58	46.89		
--- Fritzell, Stella	12	AMES	X1:29.53
42.19	47.34		
--- Eppens, Allison	FR	MASON	X1:30.92
43.19	47.73		
--- Guymer, Emily		MTWN-IA	X1:33.29
43.79	49.50		
--- King, Tasia		MTWN-IA	X1:37.34
46.42	50.92		
--- Meese, Anna	12	AMES	X1:38.36
44.54	53.82		
--- Fonseca, Janet		MTWN-IA	X1:38.99
45.51	53.48		
--- Wuttke, Amanda	FR	MASON	X1:44.52
48.23	56.29		
--- Seidlin, Grace	SO	WDMV	X1:48.65
50.37	58.28		
--- Seifert, Meghan	FR	WDMV	XDQ
47.90	53.44		

Event 12 Girls 400 Yard Freestyle Relay

Team	Relay	Finals Time
1 MASON	A	3:42.33
1) Sterns, Ali JR	2) Kraling, Loretta SO	
3) Whalen, Anne FR	4) Wiltsie, Emily SR	
27.39	57.19	25.43
26.35	56.07	26.60
26.60		55.22
2 AMES	A	3:42.65
1) Flummerfelt, Taylor 9	2) Shriver, Rachel 10	
3) Zuerner, Chrisann 11	4) Bro, Maddie 10	
25.92	54.37	27.01
27.70	58.42	25.30
25.30		53.31
3 WDMV	A	3:47.86
1) Galles, Kelsey SR	2) Smith, Mikalah SO	
3) Skold, Megan JR	4) Wistey, Imelda SR	
26.52	56.06	27.55
27.14	57.58	26.96
26.96		56.50
4 MTWN-IA	A	3:51.68
1) Beals, Mackenzie	2) McCarville, Micaela	
3) Barske, Elizabeth	4) Beals, Sam	
28.51	58.98	27.05
27.30	57.46	27.43
27.43		58.21
5 FDSH-IA	B	4:54.09
1) Johnson, Mackenzie SO	2) Bleich, Jackie SR	
3) Steig, Rachel SO	4) Graham, Brittany SO	
35.77	1:14.58	35.14
34.10	1:12.27	34.64
34.64		1:12.75
--- AMES	B	X4:05.55
1) Downard, Emily 12	2) Quant, Charlotte 11	
3) Tsai, Michelle 11	4) Bonestroo, Hannah 9	
29.73	1:02.56	29.00
29.55	1:02.92	27.10
27.10		57.82
--- WDMV	B	X4:08.36
1) Seltz, Maria FR	2) Herren, Brooke FR	
3) Reeve, Kelly FR	4) Zuckerman, Sammy SO	
29.87	1:01.39	29.80
30.11	1:04.28	28.02
28.02		59.46
--- MASON	B	X4:08.71
1) Vrieze, Sam SO	2) Olson, Liz SO	
3) Aberg, Madeline FR	4) Johnson, Madi JR	
29.85	1:02.59	27.51
29.98	1:03.12	30.84
30.84		1:04.36
--- AMES	C	X4:19.65
1) Johnson, Holly 9	2) Banwart, Lauren 9	
3) Vollbrecht, Hanna 11	4) Farrell, Meredith 9	
30.67	1:04.13	30.94
31.49	1:05.83	30.58
30.58		1:04.64
--- MTWN-IA	B	X4:28.03
1) Stewart, Alix	2) Stahlin, Leah	
3) Barker, Ashley	4) Fonseca, Janet	
31.29	1:06.55	31.95
30.49	1:05.04	33.04
33.04		1:09.20
--- AMES	D	X4:32.72
1) Hudson, Tess 10	2) Shanks, Lindsey 11	
3) Gilligan, Erin 10	4) Pitcher, Adriana 11	
31.79	1:05.84	35.19
33.67	1:10.87	29.58
29.58		1:02.46

Iowa Conference Meet - 10/22/2009

Results

(Event 12 Girls 400 Yard Freestyle Relay)

Team	Relay	Finals Time
--- WDMV	D	X4:44.54
1) Sipfle, Rachel SR	2) Wireman, Haley SO	
3) Meade, Mackenzie JR	4) Welch, Grace SO	
33.45 1:08.35	36.49 1:16.09	
34.00 1:10.51	33.07 1:09.59	
--- WDMV	C	X4:49.66
1) Goetz, Maggie JR	2) Smith, Cecilia JR	
3) Wilhelm, Maddie JR	4) Filippelli, Stephanie JR	
29.67 1:02.85	14.80 1:17.04	
37.38 1:20.21	32.64 1:09.56	
--- MASON	C	X4:57.25
1) Hendrickson, Jordyn JR	2) Crimmins, Abby FR	
3) Eppens, Allison FR	4) Pettyjohn, Alysha FR	
31.27 1:06.12	38.00 1:20.72	
35.89 1:14.90	35.72 1:15.51	
--- AMES	E	X5:07.40
1) Fitzgerald, Cori 12	2) Brown, Greer 10	
3) Chausse, Maddie 10	4) Busch, Joy 11	
33.99 1:09.44	37.02 1:17.80	
39.28 1:22.01	37.04 1:18.15	
--- FDSH-IA	C	X5:15.06
1) Miller, Zoey FR	2) Starrett, Rochelle SO	
3) Gilley, Tawny JR	4) Bocken, Katy FR	
34.74 1:13.89	1:28.49	
	33.62 1:13.73	
--- FDSH-IA	D	X6:03.14
1) Diasdado, Monique FR	2) Redmond, Libby FR	
3) Metier, Meghan JR	4) Gerdes, Becca FR	
43.96 1:35.45	40.67 1:25.56	
42.88 1:31.95	42.67 1:30.18	