

## **Ames High Girls Swimming 2010**

<b>Aug. 26</b>	<b>Thursday</b>	<b>M-Town</b>	<b>JV/V</b>	<b>Ames</b>	<b>5pm</b>
<b>Aug. 30</b>	<b>Monday</b>	<b>Grinnell</b>	<b>JV/V</b>	<b>Grinnell</b>	<b>5pm</b>
<b>Sept. 2</b>	<b>Thursday</b>	<b>Ankeny</b>	<b>JV/V</b>	<b>Ankeny</b>	<b>6pm</b>
<b>Sept. 7</b>	<b>Tuesday</b>	<b>Ottumwa</b>	<b>JV/V</b>	<b>Ames</b>	<b>5pm</b>
<b>Sept. 11</b>	<b>Saturday</b>	<b>Ames Invite</b>	<b>JV/V</b>	<b>Ames</b>	<b>8/10am</b>
<b>Sept. 14</b>	<b>Tuesday</b>	<b>Lincoln</b>	<b>JV/V</b>	<b>Lincoln</b>	<b>5:30pm</b>
<b>Sept. 21</b>	<b>Tuesday</b>	<b>Waukee</b>	<b>JV/V</b>	<b>Waukee</b>	<b>6pm</b>
<b>Sept. 28</b>	<b>Tuesday</b>	<b>Valley</b>	<b>JV/V</b>	<b>Valley</b>	<b>5pm</b>
<b>Oct. 5</b>	<b>Tuesday</b>	<b>Mason City</b>	<b>JV/V</b>	<b>Ames</b>	<b>5pm</b>
<b>Oct. 09</b>	<b>Saturday</b>	<b>Johnston Invite V</b>		<b>Summitt MS</b>	<b>9/12 noon</b>
<b>Oct. 12</b>	<b>Tuesday</b>	<b>Ft. Dodge</b>	<b>JV/V</b>	<b>FD</b>	<b>FD</b>
<b>Oct. 16</b>	<b>Saturday</b>	<b>M-Town (11 Dive Only Meet)</b>		<b>MTown</b>	<b>10am</b>
<b>Oct. 21</b>	<b>Thursday</b>	<b>Iowa Conf.</b>	<b>JV/V</b>	<b>FD</b>	<b>2/5pm</b>
<b>Oct. 30</b>	<b>Saturday</b>	<b>Regional</b>		<b>TBA</b>	
<b>Nov. 5/6</b>	<b>Fri/Sat.</b>	<b>State</b>	<b>V</b>	<b>Marshalltown</b>	<b>TBA</b>

**(Ames Invite – Carroll/Ft. Dodge/Hoover/DSM Roosevelt/Perry/Storm Lake/Johnston)**

**Head Coach – Dan Flannery**

**8/08/10**